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AN ALBERTAN, A NEWFIE AND A QUEBECER WALK INTO A BAR ...

... INSERT JOKE HERE. BUT IF YOU WANT TO GET PAST EAST COAST STEREOTYPES, CHECK OUT OUR FEATURE PAGES 4-5

Handing over the keys to 100 years of GM

Century-old Sask. dealerships sold by the Mann family PAGE 7

Sask. singer more than just a pretty voice

2013 CBC Future 40 pick Stephen Maguire talks charity PAGE 3

Lakeridge

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CANUCKS REACH SEMIS

David Palat of Czech Republic, left, collides with Derek Whitson of Canada during the sledge hockey Group A match at the Shayba Arena during Day 4 of the 2014 Paralympic Winter Games on Tuesday in Sochi. Canada won 1-0. Story, page 16. HARRY ENGELS/GETTY IMAGES

Premier praises trade pact with South Korea

Eliminating tariffs.
Agriculture sector lauds projected 32% trade lift

MARCO VIGLIOTTI
marco.vigliotti@metronews.ca

A newly minted free-trade deal between Canada and South Korea is getting a warm reception by politicians and trade groups in agriculture-dominant Saskatchewan.

After the agreement was announced by Prime Minister Stephen Harper in Seoul on Tuesday, Premier Brad Wall pointed to the gradual phasing out of Korean tariffs on chick peas and lentils in the next three to five years as a potentially major boon to the province.

"The free-trade deal ... with South Korea is very good for the country. It's especially good for Saskatchewan," Wall told reporters in Regina of the agreement, which is projected to boost Canadian exports by 32 per cent, or $1.7 billion annually.

Prior to Korean trade pacts with the United States and European Union, Wall said, Saskatchewan exports to the Asian nation totalled $325 million. According to the premier, they have fallen to only $50 million.

"We have heavy duties against our agricultural products," Wall explained.

"All duties on Saskatchewan crops will be eliminated, most immediately and some over the next five years."

Agriculture groups in Saskatchewan are echoing Wall's enthusiasm, amid expectations that the accord will open a lucrative market for cattle and hog producers — even though tariffs on beef and pork won't be eliminated for the next 12 to 15 years.

"They're traditionally a hog market, but they're moving up to cattle," Norm Hall, president of the Agricultural Producers Association of Saskatchewan, said of South Korea. "(The trade deal) opens the market for both pork and cattle."

A trade group representing manufacturers and exporters voiced more measured optimism, stressing that additional work is needed to eliminate non-tariff trade barriers imposed by South Korea.

"We need to ensure that non-tariff barriers in South Korea are actually eliminated (and) the rules of this trade agreement are effectively enforced," said Jayson Myers, president and CEO of Canadian Manufacturers & Exporters.

WITH FILES FROM THE CANADIAN PRESS

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Near Mortlach, Sask.

Train collides with semi-trailer

A Canadian Pacific freight train carrying anhydrous ammonia has come off the tracks after a collision with a semi-trailer near Mortlach, Sask.

However, RCMP say the two engines and all 32 rail cars remained upright and there are no indications of any leakage.

The semi was partially across the tracks at a rural crossing when the trailer it was hauling was hit by the train, which was also carrying scrap metal and grain. The driver of the semi was taken to hospital in nearby Moose Jaw with non-life-threatening injuries.

Mortlach is approximately 40 kilometres west of the city of Moose Jaw. METRO

North Central

No foul play in alley death: Police

Regina police say foul play is not suspected in the death of a man whose shirtless body was discovered on Monday morning in an alley in North Central.

Officers responded to a call about the man lying in the alley on 6th Avenue near Garnet Street. METRO

Declared dead at the scene

RCMP investigate suspicious death in town of Raymore

Police say they're suspicious of the circumstances of a woman's death in Raymore, more than 100 kilometres north of Regina.

RCMP were called to a house in the town on Monday about 9:35 p.m., and found the woman unresponsive. Officers and paramedics declared her dead at the scene.

Investigators remained at the residence on Tuesday.

"Efforts are being made to determine the identity of the deceased," RCMP said in a release.

"An autopsy to determine cause of death will be conducted in the immediate future." METRO

Overcharged campers get $1.4M back after web glitch

No reservation. Reimbursements included refunds and $100 bonuses

SARAH TAGUIAM
sarah.taguiam@metronews.ca

The provincial government is refunding a total of $1.4 million to campers overcharged by Saskatchewan's online campsite reservation system and giving each of them an additional $100 for their trouble.

Parks Minister Kevin Doherty announced on Tuesday that about 980 credit card holders will receive their money back following an online glitch that caused some campers to be charged repeatedly for the same booking — by as much as, in one case, $17,000.

On top of the refund, the province is giving a bonus of $100 in what Doherty describes is "a sign of good faith" to each overcharged customer.

"There's no question that it caused some stress for people," Doherty said at the legislature. "In light of that, we thought we need to start rebuilding some trust with our customers."

The total bonus payout of $98,000 will come from the reservation website's service providers — either the Camis or Moneris firms, he added.

"It is my intention to recover those fees from the service providers," Doherty said.

"There's no question that there was a technology failure ... and they clearly have responsibility for the technology."

The interface issue, which occurred early March 3, has since been fixed. Doherty said the breakdown occurred when the website's reservation and transaction processing systems stopped communicating during peak hours.

'Those responsible...'

So far, half of the overcharged campers have been notified and about $1 million has been refunded.

- However, the government is still trying to contact the rest of the affected card holders.
- "We have been contacting people by email, phone or social media," Doherty said. "We'll get to the bottom of it, and those responsible will pay for those costs."

Parks Minister Kevin Doherty says the government is investigating the campsite reservation system glitch. Overcharged campers will be refunded and given an additional $100 as, according to Doherty, "a sign of good faith." SARAH TAGUIAM/METRO

Central Sask. facing high spring runoff: Water agency

Late-winter runoff could create hazards for Regina traffic. SARAH TAGUIAM/METRO

Water watchers in Saskatchewan say the overall threat of flooding from spring runoff is lower than last year, but the Prince Albert area could see significant challenges.

The provincial Water Security Agency says runoff could be well above normal from Prince Albert to Waskesiu Lake and slightly northeast of those communities. A band stretching across the central part of the province also faces a threat of above-normal water levels.

Environment Minister Ken Cheveldayoff says that includes North Battleford and Saskatoon. "This area has poor natural drainage and is a closed basin so a lot of water that was there last year had nowhere to go and is again there this year," Cheveldayoff said Tuesday. "The water security agency will be doing a targeted snow survey to verify the amount of snow in the regions."

The runoff forecast is based on how much water was around when the ground froze last November and snow accumulation, locally and upstream. Peak flows on the Saskatchewan River system are largely determined by the snow pack and rainfall in the mountains in Alberta.

"The North Saskatchewan (River) system is expected to be above normal, but not to cause flooding," said Cheveldayoff.

The rest of Saskatchewan is expected to see near normal runoff, with below normal runoff in the extreme southwest and the far northeast of the province. THE CANADIAN PRESS

COURTESY JOE FOX PHOTOGRAPHY

FUTURE 40 CATCHUP: STEPHEN MAGUIRE

CBC's Future 40 project is entering its second year — this time partnering with Metro to showcase Saskatchewan's young upcoming leaders on multiple platforms. Metro will be profiling 2013's winners all this week.

JACOB MORGAN
Metro in Saskatoon

When Saskatchewan is in need, Stephen Maguire helps out.

In return, the singer-songwriter from Belfast, Northern Ireland, has gained a new home on the Prairies and was featured last year in CBC's Future 40 contest.

Maguire tells Metro that being in the spotlight comes with responsibility.

"I kind of feel obligated to use that position for the greater good," he said.

Through a partnership with the Red Cross, Maguire helped raise more than $80,000 since 2010 by holding concerts for flood victims.

The cause struck a personal chord, as his wife is from Yorkton, and a severe storm hit the city three summers ago.

"Yorkton was under water," said Maguire. "I was watching footage on television and I just thought, 'This is crazy; these people really need help in the worst way.'"

Over the past year, Maguire has continued to make Saskatchewan a better place. On the Imagine No Bullying Tour, Maguire collaborated with fellow artist Codie Prevost to spread a message of positivity to school-age children.

Maguire said growing up around religious tension in Northern Ireland allowed him to understand bullying and what it means to be hated for no legitimate reason.

"It was really important to share my story," he said. "This isn't an easy road, and we all need to give each other a hand."

Looking ahead, Maguire has plans to launch a new TV show in April called Country Music Access and has also been nominated for country music person of the year at the upcoming Saskatchewan Country Music Association Awards.

In addition, he is in the process of writing a new album all about the Prairies.

"There is such beauty here," he said. "I just love the way of life."

Future 40 project

For more information on CBC's Future 40 project, head over to cbc.ca/sask.

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Critch's corner

Newfoundland native Mark Critch believes negative perceptions of East Coasters are becoming a thing of the past. JEFF HARPER/METRO IN HALIFAX

It's outdated: 22 Minutes' Mark Critch on the East Coast typecast

Atlantic Canada is known for its funny folk.

From Rick Mercer to Cathy Jones, East Coast comics seem second-to-none in bringing Canadians to gales and guffaws.

But when it comes to the Atlantic Canadian stereotype, 22 Minutes veteran funnyman and St. John's, N.L., native Mark Critch gets serious.

Metro News caught up with the comedian in Halifax to hear his thoughts on pigeonholing Atlantic Canadians and whether the East Coast label is changing.

Describe a stereotypical Atlantic Canadian.
I guess a bit of a drinker. Working the system to get a cheque. Happy-go-lucky.

Are they/we crazy? Or is there some merit to these stereotypes?
I don't think so. Anyone who has met a farmer, fisherman or plant worker would know they are hard workers. Seasonal work doesn't mean lazy. Most people who depend on EI to supplement income work a lot harder and longer than the politicians who send out the EI PIs (Employment Insurance Private Investigators).

You're looking at a stereotypical Atlantic Canadian — what do you see?
The "Newfie joke" used to be the guy in the sou'wester, pipe in hand, nodding and winking. I think these days more people think of Rick Mercer or Rex Murphy or Danny Williams when they think of Newfoundland. It's outdated.

How do you think people elsewhere in the country think of you?
Everywhere I go I hear people talking about the job opportunities in oil and gas, the scenery, the music scene, etc. I think a lot of Canadians want to come here and are envious of a place that has such a healthy cultural identity.

It seems like most of the negative East Coast stereotypes come from East Coasters themselves — are we a self-deprecating bunch? Is it all in our heads?
I disagree. When East Coasters went to the big city to find work in the '50s, '60s and '70s, they were mocked and made fun of because they spoke differently. They weren't as "hip." One of the reasons we have so many comedians is that we quickly learned a sharp wit was handy in these situations. The new generation is proud of who they are and where they are from. And so they should be. I don't hear those jokes anymore when I travel. Used to be the first thing someone in Toronto would do was tell you a Newfie joke. Now they say, "I love Hey Rosetta."

GEORDON OMAND/FOR METRO IN HALIFAX

WHO IS AN EAST

Know the East Coast, from least to most.
Drinking, smoking, living on lobster and welfare — is this how the rest of Canada sees the East?

RUTH DAVENPORT
Metro in Halifax

In a country the size of Canada, stereotypes are hard to avoid. They're a shortcut to identity, an easy way of distinguishing people in one place from another. British Columbians are left-wing pot-smoking radicals, Albertans are ultra-conservative cowboys and Ontarians believe they're the centre of the universe.

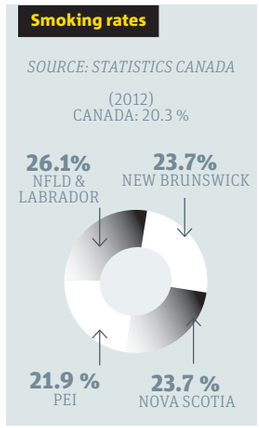
Then there's Atlantic Canada, to most Canadians the home of friendly, roughspun fisherfolk scratching out a living in quaint villages scattered across the lovely expanse of land between Montreal and the ocean.

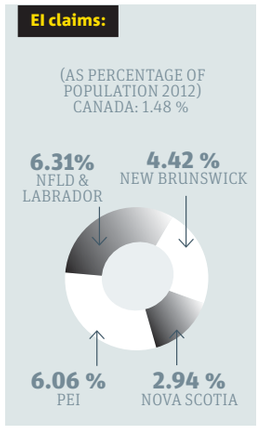
"I find that they're often envious about when I talk about my visits home, going to the ocean, just the natural beauty and landscape of the Maritimes," said Windsor Junction, N.S., resident Sarah Harper, now living in London, Ont. "They have that postcard image of Peggy's Cove, and that's what the Maritimes is."

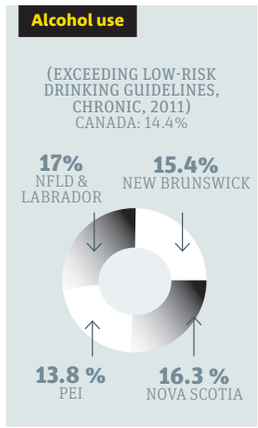
It sounds benign — better than being a cowboy, anyway — but experts say there's some unflattering baggage lurking behind that romanticized caricature.

"Packaged in with the stereotype of the fisher is precarious employment, ruralness, hard living, underdevelopment," said Howard Ramos, a professor of sociology and Canadian studies at Halifax's Dalhousie University.

"Those are some of the same things that contribute to stereotypes around drinking, smoking, etc. And they also contribute to some of the reality."







Fact, fiction and the grey areas

Stereotypes are a blend of fact and distortions of fact: To wit, the fishing industry is Atlantic Canada's largest single private employer, but actual fishermen represent only a small percentage of the total population.

Most Atlantic Canadian stereotypes are rooted, in some form, in the region's post-Confederation history as "have not." Social indicators of poverty, such as smoking, alcohol abuse and obesity rates, are highest in the Atlantic provinces, reinforcing perceptions of the region as economically depressed — and insignificant.

"Even when the (groundfish) fishery closed, the rest of Canada didn't seem to have a visceral reaction," said Ramos, referring to the 1990s collapse of cod and groundfish stocks, which sustained the livelihoods of thousands of fishers and processing plant workers. "It was overshadowed by the Quebec referendum, the low Canadian dollar.… When you think that four provinces of the country were affected, that's a surprising lack of concern."

Perhaps the best-known example of an Atlantic Canada brush-off is Prime Minister Stephen Harper's observation in 2006 that the region suffered from a "culture of defeat."

"It's … taking a very complex set of circumstances, psychologically, culturally, attitudinally, and then making a relatively far-reaching stereotypic comment," said

Whose identity is it?

"There's a fair bit of this being the ball in our court.... Are we going to have our narrative authentically shaped by ourselves or are we going to have it foisted on us by someone else?"

Ray Ivany
Chair, Nova Scotia Commission, Building Our New Economy

Will the image of plaid-clad fisherfolk follow East Coasters for generations to come?
JEFF HARPER/METRO IN HALIFAX

COASTER?

Fascinating ignorance?

"I think there's a fascination with East Coast culture, the romanticization ... yet a failure to actually get even one step below that facade to get to know the names of our provinces, for example."

Megan Leslie
Halifax MP

Ray Ivany, president of Acadia University and chair of a panel that released a recent sweeping report on Nova Scotia's economic prospects.

Ivany spent 14 months in research and public consultation for the panel's report, and said Nova Scotians definitely suffer from some cultural "fault lines" — but shouldn't let those become the grounds for being overlooked.

"You'd never let somebody else, who barely knows you, declaratively make a statement that defined you," he said. "So why should we allow it as a province or a region?"

The interplay of politics and identity

Stereotypes make great punchlines, but they have real-world implications that are no laughing matter. Halifax MP Megan Leslie says she and her Atlantic counterparts tend to tread carefully around certain issues because of the possibility of reinforcing negative stereotypes.

"Sometimes we're shy about, well, do we really want to go out on this EI thing again," she said. "Because while it is an important issue for us in Atlantic Canada, maybe we are painting ourselves as the poor Atlantic cousins."

Ramos says basic fairness is another reason to confront stereotypes, noting Canada can't dismiss the Atlantic region as the poor cousin while benefiting from its workers and exports.

"If central Canada wants to eat the lobsters, and have the Christmas trees and have the offshore oil and the mineral resources in Labrador, it means this region has to have an infrastructure investment in it from central Canada as well," he said.

Changing the Atlantic Canada stereotype could also have a potential impact on the region's economic future. Ivany's report highlighted a need in Nova Scotia to change negative attitudes towards entrepreneurial success and outsiders to encourage and promote growth.

Although the deeply entrenched suspicion towards "come from aways" may be understandable, given a long history of being governed and managed by absentee and often exploitative entities, Ivany said it's time to start being more welcoming — not just "friendly" — to immigrants who come to Atlantic Canada in search of a home.

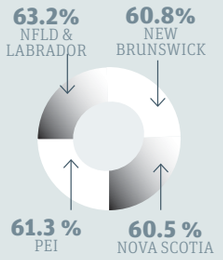
"The challenge now is to recognize that we've got to be much more welcoming, much more supportive of people from around the world who want to come here and frankly we need to be part of our province," he said.

Ultimately, Harper — the Windsor Junction resident living in Ontario — says Atlantic Canadians need to stop beating up on themselves.

"I don't want to say … there's a bit of an inferiority complex, but I really think there is," she said. "Have a little bit of pride that I think most of the rest of the country is pretty envious."

Body mass index

BODY MASS INDEX, OVERWEIGHT OR OBESE, SELF-REPORTED
CANADA: 52.5 %



Your turn

How would you describe an East Coaster?

We asked via social media. Here's what you said:

1) Honest & reliable appearance, laugh lines around eyes & mouth, normal teeth (not artificially white), wearing jeans and plaid.

A lot of happy old guys

2) Courteous, social and can't drive.

Proud Maritimer... salt of the earth. Our look is diverse.

3) Probably clinically depressed & unemployed

Definitely laid back... less stress here.

4) White, middle-aged, redneck, blue-collared, slightly overweight, uninformed, boring, no appreciation of the arts, alcoholic... ...full of complaints but no solutions, & completely out of touch with younger generations.

Easy going people, a little behind the times in fashion and trends

5) Friendliest people on the planet.

6) No young ones. They're all out west.

To watch a video of what people at the Halifax Stanfield International Airport had to say about this topic, visit metronews.ca/halifax

PHOTOS: 1: WANDERING MAGPIE /FLICKR, 2: LITHIA LIFE/FLICKR, 3: NITIBOB/FLICKR, 4: LIZ BEDDALL, 5: LIZ BEDDALL, 6: ASHRAFUL KADIR/FLICKR

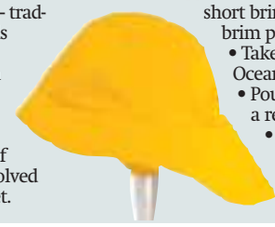
Wear it with pride

The sou'wester hat trick

There are few Canadian symbols more iconically East Coast than the sou'wester.

The collapsible rain hat — traditionally an oilskin — extends longer in the back to protect the neck from rain and often features a flipped-up front brim gutter for added rain protection.

But few might be aware of the process and protocol involved in donning the yellow bonnet.



Follow these four sacrosanct steps — endorsed by the apocryphal Angus Sou'Wester — and you too can wear the oilskin with East Coast pride:

- Place sou'wester on head, ensuring that the short brim faces the bow with the long brim pointing towards your stern.
- Take pure salt water from the Atlantic Ocean and anoint sou'wester with care.
- Pour one full ounce of black rum or a reasonable facsimile.
- Place left hand over heart and, facing the Atlantic Ocean, down rum in one gulp.

‘Miracle baby’ is doing well — and has a name

Mireya. Halifax mother whose newborn was declared dead settled on a Spanish name that means ‘miracle’

RUTH DAVENPORT
Metro in Halifax

The mother of the “miracle baby” born at the IWK Health Centre in Halifax this week says the baby appears to be making a steady recovery — and yes, she has a name.

Robin Cyr’s child wasn’t breathing when she was delivered around 3 a.m. March 8 after a complicated birth.

The baby was declared dead after about 25 minutes, Cyr said — but suddenly started breathing on her own after staff stopped trying to revive her.

The newborn baby girl on Sunday in the neonatal intensive-care unit at the IWK Health Centre in Halifax. JEFF HARPER/METRO IN HALIFAX

On Tuesday, Cyr said she had settled on a name for the big newborn: Mireya, a Spanish name that means “miracle.”

“I’ve seen her open her eyes for the first time,” said Cyr, 34, during a phone conversation Tuesday afternoon, adding that doctors were pleased with the baby’s progress. “In maybe another four or five hours, I’ll get to hold her for the first time.”

Quoted

“It’s just kind of emotional ... just because of everything (Cyr’s) been going through. It’s just a hard thing to grasp.”

Anita Richards, “miracle baby” Mireya’s aunt

Since Monday, when Metro first published Cyr’s story, it has been picked up by international media, including the British publication the Daily Mail and the New York Daily News.

But Cyr said she still hasn’t processed the reality of almost having lost her fourth child.

“It didn’t hit me yet,” she said, adding she’s been “very busy” with visits from friends and concerned relatives — all of which she’s trying to juggle around caring for her newborn.

PQ. Independent Quebec would welcome Canadian tourists, says Marois

An independent Quebec would have no borders and would open its arms to tourists from Canada, Parti Québécois Leader Pauline Marois said Tuesday.

Marois was asked on the campaign trail whether an independent Quebec would be more attractive as a tourism destination.

“It won’t change our landscapes, that’s for sure,” she said. “We’ll still be able to go see the Rockies out west and go to Prince Edward Island and they’ll be able to come here. There won’t be any borders or tolls.”

Marois then said an independent Quebec would have more latitude and freedom but she did not immediately elaborate on the border issue.

Later in the day, Marois sought to clarify the border comments when she agreed with a reporter’s assertion that an independent Quebec would be like the European Union, where there is free movement of citizens.

“That’s what it means, but that’s not to say there wouldn’t be a (Quebec) citizenship and … a passport,” Marois said.

Parti Québécois Leader Pauline Marois walks to her campaign bus Tuesday after a press conference in Bécancour, Que. JACQUES BOISSINOT/THE CANADIAN PRESS

For his part, Liberal Leader Philippe Couillard said the PQ’s constant musings on Quebec’s future only serve to hurt the province.

“Every time they hint at a referendum, Quebec is weakened,” he said at a campaign stop in Trois-Rivières.

THE CANADIAN PRESS

These images released by Malaysian police during a news conference in Sepang, Malaysia, on Tuesday, show, at left, an Iranian identified by Malaysian police as Pouria Nour Mohammad Mehrdad, who Malaysian authorities say is 19, although Interpol’s information indicated an age of 18, and 29-year-old Iranian Delavar Seyedmohammaderza. The men boarded the now-missing Malaysia Airlines jet MH370 with stolen passports. MALAYSIAN POLICE/THE ASSOCIATED PRESS

Missing jet last spotted off course: Malaysian military

The missing Boeing 777 jetliner changed course over the sea, crossed Malaysia and reached the Strait of Malacca — hundreds of miles from its last position recorded by civilian authorities, Malaysian military officials said Tuesday, citing military radar data.

The development added confusion and mystery into what is emerging as one of most puzzling aviation incidents of recent time, and it has raised questions about why the Malaysia Airlines flight apparently was not transmitting signals detectable by civilian radar or sending distress calls after it turned back.

Many experts have been working on the assumption there was a catastrophic event on the flight — such as an explosion, engine failure, terrorist attack, extreme turbulence, pilot error or even suicide. The director of the CIA said in Washington that he still would not rule out terrorism.

Flight MH370, carrying 239 people, took off from Kuala Lumpur at 12:41 a.m. Saturday, bound for Beijing. Authorities initially said its last contact with ground controllers was less than an hour into the flight at a height of 35,000 feet, when the plane was somewhere between the east coast of Malaysia and Vietnam.

The search was initially focused hundreds of kilometres to the east, in waters off Vietnam, with more than 40 planes and ships from at least 10 nations searching the area without finding a trace of the missing aircraft.

Earlier Tuesday, Malaysia Airlines said in a statement that search-and-rescue teams had expanded their scope to the Strait of Malacca.

Attention will now likely focus on the condition of the Boeing 777’s electronic systems. THE ASSOCIATED PRESS

Proficiency exams

A new kind of surrogate

Police in London, Ont., have charged three people who allegedly used fake passports to write English proficiency exams for foreign students who paid them $7,000 for the service.

The exams are among the qualifications required for acceptance into colleges and universities in Canada. Police say some foreign students unable to pass the exam hired a surrogate to write the test on their behalf.

Alan Yan, 25, Li Huang, 39, and Mengshi Yue, 27, all residents of the Greater Toronto Area, were arrested in relation to the scheme.

THE CANADIAN PRESS

Mann family sells Sask. GM dealerships

End of an era.
Edmonton-based AutoCanada acquires the Saskatoon and Prince Albert outlets

AutoCanada Inc. is acquiring the two oldest family-run General Motors dealerships in Canada for an undisclosed price.

AutoCanada says it has received approval from General Motors of Canada to purchase a 70 per cent non-voting equity interest in Saskatoon Motor Products Ltd., a Chevrolet dealership, and Mann-Northway Auto Source Ltd., a Chevrolet GMC Buick Cadillac dealership, in Prince Albert.

The two dealerships are owned and operated by Roger Mann, a third-generation dealer, and his son, Robert.

The Mann family has been General Motors dealers for 100 years since their first store was founded by Andrew Mann in 1914, according to AutoCanada, the country's largest publicly traded dealership group.

"The purchase of the two dealerships closed upon obtaining approval from GM Canada," Edmonton-based AutoCanada added in a statement.

Under the ownership structure approved by GM Canada, AutoCanada purchased a 70 per cent non-voting equity interest, with AutoCanada CEO Pat Priestner named dealer operator by holding a 15 per cent personal equity interest and voting control of the dealership.

Robert Mann will be named dealer owner and will retain a 15 per cent equity interest in the two dealerships and will continue to operate the dealerships.

Although exact terms of the purchase were not disclosed, AutoCanada said it would acquire its 70 per cent interest partly through the payment of 205,000 shares, with the undisclosed remainder in cash.

Based on the Tuesday afternoon trading price of AutoCanada shares — $45.60, up $2.10 or 4.83 per cent — the share value of the purchase would be more than $9.3 million.

AutoCanada is one of Canada's largest multi-location automobile dealership groups, currently operating 34 franchised dealerships under various makes in seven provinces and with more than 1,500 employees.

THE CANADIAN PRESS

Jetson had his flying car, Brin has his driverless car

He's certainly not as cool as George Jetson, but Google co-founder Sergey Brin looked pretty pleased with himself after riding in a driverless car with California Gov. Edmund G Brown Jr. and state Sen. Alex Padilla, left, to a bill signing for driverless cars at Google headquarters in Mountain View, Calif., back in 2012. With self-driving cars set to come to market by 2024, the California Department of Motor Vehicles held an initial public hearing Tuesday as it puzzles through how to regulate the public's use of the technology that is still being tested. ERIC RISBERG/THE ASSOCIATED PRESS FILE

20-year fight

Raw milk activist plows ahead after court loss

A farmer who has spent two decades fighting for the right to sell unpasteurized milk to willing buyers pledged to take his case to the country's highest court Tuesday after losing an appeal against his conviction for breaking public health laws. THE CANADIAN PRESS

Market Minute

DOLLAR
90.07¢ (-0.01¢)

TSX
14,267.23 (-34.83)

OIL
$100.03 US (-$1.09)

GOLD
$1,346.70 US (+$5.20)

Natural gas: $4.59 US (-$0.07)
Dow Jones: 16,351.25 (-67.43)

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MUSTN'T FORGET THAT UFO INVASION

JUST SAYIN'

Paul Sullivan
metronews.ca

With all the talk about the zombie apocalypse these days, you don't hear much about UFOs. It's as if they've just vanished from the sky.

Well, you'll be pleased to hear that's not the case.

In fact, here in Canada, the number of UFO sightings has never been higher. They haven't gone away. It's just that nobody cares anymore. We have zombies — and a few leftover sparkling vampires — to worry about.

Despite the shift in phantom phashion, Chris Rutkowski, chief researcher at Ufology Research (formerly Ufology Research of Manitoba, in case you were wondering) keeps grinding out the annual UFO survey.

As you might expect, 2012, the year of the Mayan apocalypse that didn't happen (it's hard keeping all these apocalypses straight), was a record year for UFO sightings. For some reason the Maya, who are Mesoamerican indigenous persons, and UFOs, piloted by Romulan indigenous persons, are often linked.

Anyway, there were 1,981 sightings in 2012, but 2013 was no slouch for sightings either, according to the latest report, fresh from the twilight zone. There were 1,180 UFO sightings reported in Canada in 2013, about three a day.

A triumphant note has a tendency to creep into Rutkowski's otherwise commendable attempt to stay on an even keel. "UFOs have not gone away. This data clearly contradicts comments by those who would assert that UFOs are a 'passing fad' or that UFO sightings are decreasing."

That "passing fad" guy? That would be me.

To his credit, Rutkowski keeps an open mind about what people are seeing. Most cases are, um, nocturnal lights (631). But daylight discs are creeping up (145). You'll also be pleased to know that there are still a few good-old-fashioned close encounters of a third kind, in which actual Romulans are encountered (the more scientifically rigorous Rutkowski calls them "entities"). There are even three close encounters of a *fourth* kind, "an alleged 'abduction' or 'contact' experience." I'll bet.

Most intriguing, a full 14 per cent of all 2013 UFO reports are classified as unexplained. The truth may or may not be out there.

Rutkowski is ready to concede that a failure to recognize conventional or natural objects may be the underlying reason for some of these sightings, but he doesn't rule out the possibility that more secret or classified military exercises are underway — or maybe there's just an increase in Amazon drone test flights.

On the other hand, maybe more nutbars (my word) with an inclination to share have access to the Internet. My favourite possible reason: The downturn in the economy is "leading to an increased desire by some people to look skyward for assistance."

Cosmic panhandling. It's a growing problem.

ZOOM

Left to nature, in plane view

ALEX MACLEAN/BEETLES + HUXLEY

Humanity's mark seen from the air

A "bone yard" of B-52 bombers in Tucson, Ariz. Man's impact on the natural world is revealed in a new exhibit by photographer Alex MacLean. Taken above the earth from a plane, the pictures offer a thought-provoking perspective on human intervention. MacLean's work is being shown at the U.K.'s Beetles + Huxley gallery until March 29.

MWN

Photog's viewpoint

"I try to make my pictures beautiful, but also to get the audience to appreciate the underlying substance of my projects such as globalization and climate change."

Alex MacLean, 67

Patterns sketch out culture and people

An architect by training, MacLean sees orderly yet artistic patterns created by humans from his almost godlike perspective: "The arrangement of man-made objects and markings tell so much about culture and people living on the land. With the distance of the aerial perspective, it's as if you are looking at a perfect model of basic organizational principles." MWN

This colourful image of shipping containers in Portsmouth, Va., is sombre in tone: "It's a perfect metaphor for my concerns about globalization," says MacLean.

ALEX MACLEAN/BEETLES + HUXLEY

Clickbait

LUKE SIMCOE
Metro Online

On March 12, 1989, Tim Berners-Lee presented a paper at the CERN lab in Switzerland, outlining his vision for sharing files between computers. Twenty-five years later, that vision is now woven into our everyday lives in the form of the World Wide Web. So, on the occasion of the web's 25th birthday, here are a few ways to celebrate.

The Internet Archive (archive.org/web):

Known as the WayBack Machine, this archive of more than 398 billion web pages offers you a sizable glimpse into the web's past. It's kind of like looking at the web's baby photos.

GETTY IMAGES

The first website:

Although Berners-Lee had conceived of the web back in 1989, it took him until 1993 to launch the first website. It's still online, and available at info.cern.ch.

The gift of cash:

Berners-Lee could have gotten rich by patenting the technology behind the web, but instead chose to give it to the world as a free resource. So today, why not donate to some of the organizations fighting to keep the web free and open, like OpenMedia.ca or the Electronic Frontier Foundation (eff.org).

Twitter

@metropicks asked: Snowden says NSA is "setting fire to the future of the Internet." Have his leaks affected your web use?

@Zaedum: knowing that countries are using my information without my permission has made me more wary to what I do and which apps I use.

@speirsr: Snowden's leaks have verified what I have suspected about myself. My metadata profile: Subject has no life.

Follow @metropicks and take part in our daily poll.

Comments

RE: Surly Pet Cat Traps U.S. Couple, Who Call 911, published March 11

So the cat has a history of violence and they are keeping it despite it scratching a 7 month old baby's face. Just another example of idiots choosing animals over people. **freebird posted to metronews.ca**

They didn't have a quilt to throw on it? **Maple Syrup posted to metronews.ca**

Pissed off cat, I can believe. Gunless Americans???? That's a tough one to swallow. **MP posted to metronews.ca**

WE WANT TO HEAR FROM YOU:
Send us your comments: reginaletters@metronews.ca

metro

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Another case of hotel as grand old backdrop of frolic and folly

Lobby for fun. Wes Anderson latest director to resort to hotel as centre of action

IN FOCUS
Richard Crouse
scene@metronews.ca

Ralph Fiennes stars as a concierge in Wes Anderson's The Grand Budapest Hotel. CONTRIBUTED

"Grand Hotel... always the same. People come, people go. Nothing ever happens."

That famous line from the Greta Garbo film Grand Hotel is only half right. Hundreds of movies have used hotels as a backdrop for the action because people come, people go, but despite the quote's assertion, there's always something happening.

This weekend's The Grand Budapest Hotel is a case in point. Starring Ralph Fiennes as a concierge at a European hotel between the world wars, it features an all-star cast, including Bill Murray, Owen Wilson, Harvey Keitel and Edward Norton. They are all part of the fabric of the hotel's history, which includes assassins, murder, riches and a mysterious painting.

Hollywood has always recognized that the transient nature of hotels makes for great drama.

New York City's Plaza Hotel has played host to many famous movie scenes. Everything from Barefoot in the Park to Funny Girl to The Great Gatsby has used the iconic hotel as a backdrop, but it is probably best known as a location for North by Northwest. In the Alfred Hitchcock film, Roger O. Thornhill (Cary Grant) is mistaken for a government agent and kidnapped from the ornate lobby.

The opening shot of Goldfinger features a stunning aerial view of Miami's Fontainebleau Hotel, which at the time was the most luxurious guesthouse on Miami Beach. Later in the film, Bond girl Jill Masterson (Shirley Eaton) dies of skin asphyxiation inside the hotel after henchman Oddjob (Harold Sakata) coats her whole body in gold paint.

In the 1920s the Hotel del Coronado was a famous weekend getaway for Hollywood stars like Mae West, Charlie Chaplin, Clark Gable and Errol Flynn, but the Victorian wooden beach resort found fame as the setting for several scenes in Some Like It Hot. Located on San Diego Bay across from San Diego, the beachfront location was the scene of one of the film's most famous lines. When Jerry (Jack Lemmon) first spies Sugar Kane (Marilyn Monroe) sashaying through the sand, he says, "Look how she moves! It's like Jell-O on springs."

Stephen King was inspired to write The Shining after staying at the 140-room Stanley Hotel in Colorado. "I think a lot of things happened right here in this particular hotel over the years," says Dick Hallorann (Scatman Crothers) in the film version. "And not all of 'em was good."

The Stanley has been used as a location for Dumb and Dumber and other films, but Stanley Kubrick chose not to showcase the place in his 1980 adaptation of the novel. Instead, much to King's disappointment, he used Oregon's Timberline Lodge as a stand-in for the film's fictional Overlook Hotel.

Amanda Bynes ALL PHOTOS GETTY IMAGES

Amanda Bynes denies secret Twitter account

Amanda Bynes has been behaving herself since returning to Twitter earlier this month — officially, at least.

According to In Touch, the troubled former child star has been using a secret second Twitter account to be her old self again, mocking familiar targets like Rihanna and Courtney Love and obsessing over her dog and going to the gym under the pseudonym Ashley Barks.

"If this isn't Amanda Bynes' private Twitter account, then someone is doing a very good job of impersonating her," a social media expert tells the magazine.

But Bynes herself says the story is bogus, taking to her official Twitter account to write, "FYI This is my only twitter account, I have no secret twitter accounts."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Captain America sick of partying — except with his fellow superheroes

Captain America star Chris Evans is looking to settle down and put the partying to rest, according to Glamour U.K.

"In your 20s you think, 'How will I ever not like going out?' You have drinks, buddies, music — great," Evans tells the magazine. "But in the last two or three years, I go to a club and I kind of wish I was home. My idea of a good time has evolved a bit, so a night out with me might not be as exciting as it might have been a couple of years ago."

He does make an exception, though for his Avengers co-stars, including Robert Downey Jr., Mark Ruffalo, Scarlett Johansson and Chris Hemsworth.

"It's different with those guys," he says. "You're like, 'Come on, guys, this is great! This isn't going to last forever and this is a really fun group of people doing a really fun thing. Let's go get drunk!' I try to be the motivating force. Everyone's married and has kids and s— like that, so I'm still the one single guy going, 'Come on, shots!'"

Keith Richards

Sex, drugs and children's literature

Keith Richards is writing a children's book. He really is.

The Rolling Stone who came to define the adults-only lifestyle of rock has a deal with Little, Brown Books for Young Readers for a picture story called Gus & Me: The Story of My Granddad and My First Guitar.

The publisher announced Tuesday that the book will come out this fall and will include illustrations by Richards' daughter, Theodora Richards. Barnaby Harris and Bill Shapiro are assisting with the writing.

Gus is Gus Dupree, Keith Richards' beloved musician-grandfather. In a statement issued by the publisher, Richards said the book was based on "one of those magical moments" he had with Dupree. Richards, 70, has five grandchildren of his own. His memoir Life was published in 2010.

THE ASSOCIATED PRESS

Under the provisions of *The Alcohol and Gaming Regulations Act, 1997,* Notice is hereby given that 101130923 Saskatchewan Ltd. has applied to the Liquor and Gaming Authority for a Restaurant Permit to sell alcohol in premises known as Fatburger at 100 3435 Quance Street, Regina, SK.
of which the following is a correct legal description:

Lot: 34
Block: 115
Plan No.98RA28988
Ext 1 Surface Parcel 161976516
100 3435 Quance Street,
City of Regina, SK

Written objections to the granting of the permit may be filed with SLGA not more than two weeks from the date of publication of this notice.

Every person filing a written objection with SLGA shall state their name, address and telephone number in printed form, as well as the grounds for the objection(s). Petitions must name a contact person, state grounds and be legible. Each signatory to the petition and the contact person must provide an address and telephone number. Frivolous, vexatious or competition-based objections within the beverage alcohol industry may not be considered, and may be rejected by the Saskatchewan Liquor and Gaming Licensing Commission, who may refuse to hold a hearing.

Write to:
Saskatchewan Liquor and Gaming Authority
Box 5054
Regina Sk S4P 3M3

Mamma Mia! Miley eyes getaway in Clooney's hood

George Clooney's hideaway in Lake Como, Italy, might not be such a peaceful retreat if Miley Cyrus goes through with her reported plan to purchase a home near the Monuments Men star.

"Miley is seriously talking about purchasing a home on Lake Como," a source tells Radar Online. "Miley is eagerly anticipating her first major real-estate purchase and she figures, what could be better than a place in Italy near her favorite A-list star?" Apparently the search for a big-ticket real estate asset is part of her efforts to maintain the control over her fortune. "She's going to buy the biggest and most expensive houses she can in part to keep the money away from her parents," the source says.

Miley Cyrus

Twitter

@justinbieber
studio. always working

@pattonoswalt
I mean, there's a goddamned JUMBO JET that's MISSING. I'm trying to be calm, but this is @StephenKing LANGOLIERS s—. Steve?

@prattprattpratt
There's nothing to fear but fear itself. Oh also bats.

Perfect pubs for Paddy's Day

The Irish Heather in Vancouver is modelled after modern Irish gastropubs. IRISH HEATHER

Raise your pint glass. It can be tough to find an authentic Irish watering hole on this side of the Atlantic; here are five suggestions

STEVE GOW
life@metronews.ca

There's no shortage of bars across the country claiming to be Irish, but only a precious few can say their roots are tied to the Emerald Isle. If you're particular about celebrating St. Patrick's Day in true Irish tradition, here are five of Canada's most authentic pubs.

Durty Nelly's (Halifax)
Named after a famous Irish landmark, Durty Nelly's is credible enough to boast that its interior was actually designed and constructed in Dublin before crossing the Atlantic to be rebuilt in downtown Halifax. Toss in seafood chowder that has even been praised by the L.A. Times and this pub is certainly worth its Celtic salt.

Irish Specialties: Guinness Lamb Shank ($19), Seafood Chowder ($12.50)

P.J. O'Brien (Toronto)
Opened by well-known Cloone-born businessman Pat Quinn, P.J. O'Brien features a classic copper-topped bar, authentic Irish cuisine, white-jacketed bartenders and plenty of hospitality. Although the always-friendly proprietor passed away in 2009, his gregarious legacy lives on through his son. Don't be surprised if Pat Quinn Jr. even comes over and buys you a round.

Irish Specialties: Beef and Guinness Stew ($15), Kilkenny Ale Fish & Chips ($15)

O'Hanlon's (Regina)
Surprisingly, the reigning champ for selling the most Guinness pints in Canada is located in Regina. Run by Limerick native Niall O'Hanlon, the eponymous pub sold 61 kegs of the popular stout last St. Patrick's Day and aims to defend the title. O'Hanlon's is primarily an alehouse, but attracts a diverse clientele.

Irish Specialties: Corned Beef and Cabbage ($15), Shepherd's Pie ($14)

James Joyce (Calgary)
Located amongst Calgary's skyscraper-lined downtown, James Joyce was opened by Irish immigrants Anne and Gerard Curran to bring Gaelic ambience to the Stampede City. Highlighted by traditional Celtic music and decorated with scores of artifacts and heirlooms ranging from schoolbooks to a penny-farthing bicycle, this dark, inviting pub will make you feel like you've been transplanted to the middle of the Emerald Isle.

Durty Nelly's interior was constructed in Dublin. DURTY NELLY'S

Irish Specialties: Irish Potato Boxty ($13), Ballycastle Bacon Bites ($11)

Irish Heather (Vancouver)
For a slightly bit more contemporary "craic" experience, Irish Heather in Vancouver's historic Gastown district models itself on modern Irish gastropubs, but its still the perfect pub to soak up Celtic spirit with a Guinness in hand. In the popular backroom distillery, devotees can test out Vancouver's biggest selection of whiskeys.

Irish Specialties: Bangers & Mash ($17), Lamb Shepherd's Pie ($18)

Looking for a lucky charm?

Sweet souvenirs. 'Tis the season for pots of gold and leprechauns, but try taking home some of these talismans from your travels

ON THE MOVE
Loren Christie
life@metronews.ca

Glass charms Greece and Turkey

The evil eye refers to bad energy transmitted by a person who has negative and covetous thoughts. Victims, from humans to horses, are said to suffer from headaches, nausea or impotence. While locals believe the blessings from church officials or remedies administered from a learned elder can cure them, interlopers may find the purchase of a preventative charm to be their safest bet. Found almost everywhere around the Aegean Sea, eyes painted on blue glass reflect the power of the evil eye back on itself.

Dream catcher, Arizona

The legend of the dream catcher is woven into the oral histories and traditions of many native cultures in North America. Its principal purpose is to filter bad dreams, ensnaring the bad ones and directing the good ones to a person's subconscious. In addition to a getting a good night's sleep, owners are believed to be blessed with improved health.

Voodoo doll, New Orleans

In the mid 1700s, voodoo rapidly spread in New Orleans as the mystical religion overlaid its symbols and deities with those of Christianity. Drawing on their European masters' traditional use of effigies, slave practitioners created the voodoo doll. Whether the energy surrounding them is good or bad depends on the intent of their creators and owners. Pick up a white voodoo doll, which is aimed at transferring positive energy and good luck from one person to another.

Eyes painted on blue glass can ward off negative energy from the evil eye. These are found almost anywhere around the Aegean Sea. ISTOCK

Corno, Italy

The phallic shape of a corno has been a symbol of fertility, fortune and power since Roman times. Like the point of a sword fending off a foe in battle, its tip is said to protect owners against harm. To harness its protective power pick up a gold or coral charm, or perhaps a T-shirt with a corno emblazoned on it.

Lava rocks, Hawaii

Some mementoes are better left behind! According to legend, Hawaii's goddess of volcanos doesn't take too kindly to those who cart pieces of lava rock, coral or even sand off the islands that she's believed to have created. The best way to avoid her curse? Stick to taking photographs of the landscape.

Dream catchers are part of the traditions of many North American native cultures. Their main purpose is to filter bad dreams. ISTOCK

Bucket list

Cue the classics

Sundance, Cannes — who cares? It's not too late to sign up for the TCM Classic Film Festival April 10 to 13 — because you know you've always wanted to. This fifth annual event will see hosts Robert Osborne and Ben Mankiewicz (and you!) rubbing shoulders with legendary stars in and around the Hollywood Roosevelt Hotel, the site of the first Academy Awards ceremony. Film buffs from around the world will congregate to help TCM celebrate its 20th anniversary with red-carpet galas, special movie screenings, the Vanity Fair opening night party and more. The list of special guests includes Kim Novak, Mel Brooks (above), Shirley Jones and more. Passes start at $250 US and run to $1,600. Go to filmfestival.tcm.com. DOUG WALLACE/METRO

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New

Route to Israel

Porter Airlines and EL AL Israel Airlines have joined forces, leveraging their links with Newark airport in New Jersey to make it a hub for people travelling between Tel Aviv and Toronto (to Billy Bishop Toronto City Airport). Porter, which flies to and from Newark up to 13 times a day, is teasing us with news of more such deals with other airlines in the future. Stay tuned at elal.co.il and flyporter.com. DOUG WALLACE/METRO

Deal

Soho Beach House

Miami's recently expanded Soho Beach House is having a bit of a sale. This exclusive, private club for the creative crowd has a 50-room hotel open to the public, offering rooms starting at $250 when you book before March 31 a minimum five-night stay between May 1 and October 24. You save at least $150 per night — and can enjoy similar privileges and facilities as the club members, including two pools, a garden, private beach, live music, guest speakers and more. Visit sohobeachhouse.com. DOUG WALLACE/METRO

How-to

Travel with the comforts of home

1. Pack a travel coffee maker (Aeropress.com) and a small bag of some nice Illy coffee. 2. Snack while you unpack, with things you bring from home: toasted almonds, a jar of artichokes, a wedge of cheese, your favourite crackers. 3. A tiny travel steamer will save you from cursing at the seen-better-days iron and unruly ironing board in the closet. 4. BYOP — bring your own pillowcase. It will smell just like home. DOUG WALLACE/METRO

An egg wrap for dinner? All the cool foodies are doing it!

Greek Style Couscous and Egg Wrap. Gone are the days when eggs were just a breakfast staple. Here, they star in a 15-minute dinner

DINNER EXPRESS
Emily Richards
food@metronews.ca

FLASH FOOD

From your fridge to your table in 30 minutes or less

This is an easy light dinner or make ahead lunch for the family.

Using hard cooked eggs in sandwiches adds protein and a creamy texture to this filling. For a flavour twist, switch up your cheese and try goat cheese or ricotta instead of the feta.

Ingredients

- 1/2 cup (125 ml) whole wheat couscous
- 1 clove garlic, minced
- 1/2 tsp (2 ml) dried thyme leaves or Italian herb seasoning
- 3/4 cup (175 ml) sodium reduced vegetable or chicken broth
- 1/4 cup (60 ml) each grated carrot and zucchini or diced bell pepper
- 3 hard cooked eggs, peeled
- 1/3 cup (75 ml) 0% fat plain Greek yogurt
- 1/2 cup (125 ml) quartered grape tomatoes or chopped tomatoes
- 1/4 cup (60 ml) crumbled light feta cheese
- 3 tbsp (45 ml) chopped fresh basil or parsley
- 1/4 tsp (1 ml) fresh ground pepper
- 4 small whole wheat flour tortillas

1. Place couscous in a bowl with garlic and thyme. Bring broth to a boil and pour over couscous. Stir in carrot and zucchini; cover and let stand for 5 minutes.

2. Meanwhile, in another bowl, mash eggs with a fork and stir in yogurt, tomatoes, feta, basil and pepper. Add couscous mixture and stir to combine.

3. Divide among the tortillas and roll up to enjoy. **FOR MORE OF EMILY RICHARDS' RECIPES, BE SURE TO CHECK OUT HEALTHYCANADIANS.GC.CA**

This recipe serves four. CONTRIBUTED

Cooking tips

- Out of broth? Use water instead. This will also help cut down on the sodium.
- Make wraps the night before. Cover tightly with plastic wrap. Keep in the fridge and grab one as you head out the door.
- Turn this recipe into a salad by baking the tortilla on a turned over ovenproof bowl in a 400 F (200 C) oven for about 5 minutes or until golden. Let cool slightly then fill with couscous mixture.
- No-fail way to make hard cooked eggs: Place eggs in a single layer in saucepan and cover 2.5 cm (1 inch) above eggs with water. Cover and bring to a boil over high heat. Remove from heat and let stand 25 minutes. Drain water and run cold water over eggs to chill

French toast goes grainy

This Cashew Berry French Toast recipe serves two. THE CANADIAN PRESS

Ingredients

- 125 ml (1/2 cup) raw cashews
- 250 ml (1 cup) water
- 250 ml (1 cup) unsweetened almond milk
- 5 ml (1 tsp) pure vanilla extract
- 0.5 ml (1/8 tsp) cinnamon
- 0.5 ml (1/8 tsp) ground nutmeg
- Pinch sea salt
- 30 ml (2 tbsp) virgin coconut oil
- 4 slices sprouted bread
- 35 ml (2 heaping tbsp) coconut cream
- 50 ml (1/4 cup) fresh raspberries
- 50 ml (1/4 cup) fresh blueberries
- 3 or 4 fresh strawberries, cut in half
- 30 ml (2 tbsp) maple syrup

1. In a blender, combine cashews, water, almond milk, vanilla, cinnamon, nutmeg and salt. Blend until smooth. Transfer to a bowl.

2. Heat griddle to medium. Brush with coconut oil.

3. Dip both sides of bread in cashew mixture. Cook on each side until golden brown.

4. Top with coconut cream, fresh berries and maple syrup. **THE CANADIAN PRESS/THRIVE ENERGY COOKBOOK: 150 FUNCTIONAL, PLANT-BASED WHOLE FOOD RECIPES BY BRENDAN BRAZIER (PENGUIN CANADA, 2014).**

Dismiss the disaster at your desk

Address that mess.
Creating a comfortable, functional, interesting workspace will keep you well-organized, and help you get more done

SHAHEERAH KAYANI
TalentEgg.ca

If you set aside a few minutes every day to give your office space a quick once-over, you'll avoid the burden of business build-up. ISTOCK

Do you have a messy desk? Are you missing important items, and suspect they're somewhere in the stacks of paper that have mysteriously accumulated?

Perhaps you're also unhappy with the boring office walls surrounding you, or the lack of storage space.

These things matter, because having an unorganized office space can make you less interested in your work. So break out that office dust buster and get tidying.

De-clutter
Get rid of whatever you no longer actually use or need, because those things are only taking up space that could be better put to use.

You will likely find that you have old items lying around that you don't even remember acquiring. Items that you don't use on a daily basis can be stored in drawers or cupboards to help de-clutter your desk.

Avoid having duplicates of anything that could more conveniently be stored on your computer. Keep a recycling bin under your desk to easily discard useless extra paper copies that can later be used as scrap paper. A cool trick is to snap a quick picture of your office space to better identify clutter areas and redesign your working space.

Set a routine
Having a daily routine can help you get regular tasks out of the way before they accumulate each morning. This lets you get to work on other things — meaning you won't have multiple projects on the go at once.

Establish a morning routine that includes answering all your emails and calls and checking your to-do list. Once this is out of the way, you'll be better prepared for the rest of your working day and have fewer interruptions.

Try and restrict your workspace to having one or two projects on the go, at most.

Get organized
Less is rarely more when it comes to getting organized. There's a whole world of storage units and items (big and small) out there. Grab a measuring tape and start searching.

Sticking to a budget? You can always adapt common items to help you cut clutter.

Make sure you have plenty of good and easy-to-use storage items such as cups for pens, storage bins and an alphabetical filing system. If needed, install some new shelves to make good use of wall space.

Save time for clean-up
Before you leave the office, ensure that you give yourself five to 10 minutes to sort things out and do a little tidying. Start with the digital stuff: clean up your inbox, file everything, update your to-do list and schedule reminders.

Then turn your attention to the workspace itself. Put away completed projects and organize ongoing ones so you'll be able to pick up where you left off. If your workplace has a clean desk policy, allocate drawer or storage space to store incomplete tasks so you don't lose track of what you were doing. Lastly, make sure all small objects and tools are put away.

The next work morning will be much easier when you have a clean clutter-free space to work with.

Let's get personal

Invest in some decor to bring a little character to your office space.

- You can also decorate your place with photos of family or loved ones or even a recent company event that will help keep you motivated.
- Don't have any pictures handy? A great and simple idea is to hang your favourite inspirational quote on the wall.

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Work without walls? It's a remote possibility

Out with the office.
If you're going to be on the go with your work flow, make sure the boss knows you're still on the ball

DAN SCHAWBEL
Metro World News

If you aren't a remote worker right now, chances are you could be in the future. A new study by the work lifestyle company Flex+Strategy Group and Quest Diagnostics found that 31 per cent of full-time employees in the U.S. (about eight million people) do most of their work from a location other than their employer's site. Though many workers romanticize about working from home, it's much harder than it seems.

With technologies like Skype, Basecamp and Google Apps, it no longer matters where and when you do work — only that you get results that benefit your company. ISTOCK

I spent four years working remotely and ended up renting office space because my situation was getting in the way of real human interaction. They don't teach you in college how to work remotely or manage remote workers, but it's an important skill in the 21st century. I spoke with Cali Williams Yost, founder of Flex+Strategy Group, to get her tips for remote workers.

Know your boundaries
When you aren't working in an office, it's hard to balance your work and life because you aren't clocked in. It's up to you to set time aside to do personal things that matter to you.

"Make it part of your routine to sit down for 20 minutes each week and review what you need to get done and want to get done on the job, with your career and in your personal life," Yost recommends.

Identify actions and priorities
As a remote worker, you need to take the initiative to manage yourself instead of relying on your boss to do it for you. "Identify the small, meaningful actions and priorities that will help you be your best, at work and in your personal life, for the next seven days, whether it's completing an important project, getting enough sleep or eating healthy meals," Yost suggests.

Give regular status updates
One of the biggest concerns managers have with remote workers is that they might be distracted. Your manager will trust you if you make sure he or she is aware that you are constantly doing work and exceeding expectations. "Every week send your manager a quick 'highlights' list of accomplishments," says Yost.

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4 SPORTS

Snowboard cross

Maltais wins her 5th Crystal Globe

Dominique Maltais has secured the World Cup snowboard-cross title for a fourth straight year and fifth overall.

The native of Petite-Rivière-St Francois, Que., clinched the Crystal Globe after winning a World Cup event Tuesday.

Maltais won a silver medal last month at the Sochi Olympics.

THE CANADIAN PRESS

Tennis

Bouchard's run at BNP Paribas Open meets its end

Montreal's Eugenie Bouchard bowed out of the BNP Paribas Open on Tuesday, losing in the fourth round to sixth-seed Simona Halep of Romania 6-2, 1-6, 6-4.

Canada's last chance in the women's draw of the ATP-WTA tournament now rests with Aleksandra Wozniak. The player from Blainville, Que., was scheduled to face Australian Open champion and top seed Li Na later Tuesday.

THE CANADIAN PRESS

The scent of losing

"When (an opposing) team smells blood in the water, it's a dangerous thing."

Vancouver Canucks coach John Tortorella on his struggling team, which suffered a humiliating 7-4 home loss to the lowly New York Islanders on Monday night.

Stars players rush to their bench to aid teammate Rich Peverley on Monday night in Dallas. Peverley suffered what GM Jim Nill called a "cardiac event" and was transported to the hospital after play was suspended. SHARON ELLMAN/THE ASSOCIATED PRESS

NHL emergency protocol heralded

Rich Peverley. Dallas Star went into a 'cardiac event' during Monday's game, was transported to hospital

From the time Rich Peverley collapsed on the bench to the time he was taken to the hospital, NHL protocols for medical emergencies were followed exactly how they were supposed to, and it might have saved the Dallas Stars forward's life.

Peverley, who has missed games this season because of an irregular heartbeat, had what general manager Jim Nill called a "cardiac event" during Monday night's game against the Columbus Blue Jackets. Play was stopped immediately, and Peverley was taken down the tunnel and attended to before being transported to hospital.

The league's emergency medical standards were in place at American Airlines Center, as they are in every NHL rink.

That includes having at least two team doctors in attendance and at least one within 50 feet (15 metres) of the bench.

The incident is not likely to lead to dramatic changes in the way NHL teams deal with emergency medical situations because they worked so well.

The current guidelines are spelled out in four pages of specific detail, including the availability of triage facilities, physicians, trainers and ambulances. THE CANADIAN PRESS

Similar heart failures

- Jiri Fischer of the Detroit Red Wings went into cardiac arrest in 2005 but quick medical care saved him.
- Sergei Zholtok died of a heart ailment while playing in his Latvia in 2004.
- New York Rangers prospect Alexei Cherepanov died of heart failure during a 2008 KHL game.

Habs. Vanek excited to experience heated rivalry

It won't take long for Thomas Vanek to get his first taste of the heated Montreal Canadiens-Boston Bruins rivalry.

The 30-year-old acquired by Montreal at last week's NHL trade deadline will play his first home game at the Bell Centre against the Bruins on Wednesday night.

"Rivalries are for the fans," Vanek said Tuesday. "They're good for the league, but for us in here, and I'm sure it's the same as everywhere, it's just about winning the two points.

Thomas Vanek GETTY IMAGES

"But I'm sure the atmosphere will be great and I can't wait to experience it."

THE CANADIAN PRESS

Quebec

Politics won't affect view on expansion: NHL

Pierre Karl Péladeau's decision to run for the Parti Québécois doesn't impact the NHL's position on potentially putting an expansion franchise in the province, the league said Tuesday.

Péladeau of Quebecor Inc. has been one of the key figures in efforts to bring an NHL team back to Quebec City.

THE CANADIAN PRESS

Rules. Changes to OT, faceoffs may be proposed

NHL general managers may be nearing recommendations on rule changes but believe there is little need for significant action.

By Wednesday a number of proposals could be sent to the competition committee for consideration. Two key items might concern rules regarding overtime and the faceoff.

"The group recommended some changes to faceoff procedure and potentially instead of ejecting for a violation of faceoff procedure maybe penalizing in terms of making the centre man take a step back," NHL deputy commissioner Bill Daly said. "That was certainly something that was discussed."

Bill Daly GETTY IMAGES

The overtime rule might see each team switch ends of the ice necessitating longer line changes.

THE ASSOCIATED PRESS

Keeping our edge on sledge and slopes

Paralympics roundup. Canada's perfect sledge hockey record stays intact, Arendz battles for bronze in biathlon

Greg Westlake scored the game's only goal while Corbin Watson made seven saves for his second straight shutout Tuesday as Canada defeated the Czech Republic 1-0 in sledge hockey at the Sochi Paralympics.

Westlake broke the scoreless tie at 7:33 of the second period, ripping a shot upstairs from in tight for his second goal of the tournament.

Canada had a number of chances to extend the lead but was forced to hang on late as the Czechs made one final push in the dying seconds.

"They're a big team. They're physical," said Westlake. "They've got a lot of men on their team."

Canada has surrendered just one goal on 18 shots through three round-robin victories while outscoring its opponents 15-1.

"It was a fun game to play and it was a necessary game to play because we get better and we needed a team to push us going into the medal round," said Westlake.

Canada clinched first place in its pool and will take on the United States in one of Thursday's semifinals.

The Americans, who won gold four years ago in Vancouver, dropped a hard-fought 2-1 decision to the host Russians earlier Tuesday to finish second in their group.

Russia will meet Norway in the other semifinal.

Elsewhere on Tuesday, biathlete Mark Arendz battled pouring rain and dense fog to win a bronze medal in the men's 12.5-kilometre standing category.

He finished in 30 minutes 31 seconds. Russia's Azat Karachurin won gold in 29:30.0 while Norway's Nils-Erik Ulset captured silver.

"To get a medal is awesome and that was the goal," said Arendz.

Arendz's medal was Canada's seventh so far in the competition (one gold, two silver, four bronze).

Host Russia continues to lead with a whopping 34 medals, 23 ahead of second-place Ukraine. Canada and the United States are tied in third.

Arendz, who shot 19-of-20, said the poor visibility made the race extra challenging.

In para-alpine skiing, Braydon Luscombe of Duncan, B.C., was the top-placing Canadian, finishing second in the standing division with a time of 52.17 seconds. Josh Dueck of Kimberley, B.C., placed fifth in the sitting category in 59.93 seconds.

Standing athlete Kirk Schornstein of Spruce Grove, Alta., was 17th and Mac Marcoux of Sault Ste. Marie, Ont., and guide Robin Femy of Mont-Tremblant, Que., did not finish their run in the visually impaired category.

In the women's slalom, standing skier Calgary's Alexandra Starker was the top-placing Canadian in 1:06.59. Toronto's Erin Latimer was eighth.

In wheelchair curling, Canada improved to 5-1 and moved into a first-place tie with Russia with an 8-5 victory over China.

THE CANADIAN PRESS

Mark Arendz of Canada races to a bronze-medal finish in men's biathlon at the 2014 Paralympic Games in Sochi, Russia, on Tuesday. RONALD MARTINEZ/GETTY IMAGES

Firing blanks

"We had some scoring chances; there was just no finish." **Team Canada sledge hockey coach Mike Mondin** explains his team's trouble getting goals on Tuesday

Hockey

Body of missing OHL player found

Officials with the Saginaw Spirit say Michigan State Police have told them that the body of missing minor-league hockey player Terry Trafford has been found.

A man's body was found Tuesday afternoon in an SUV matching the description of one belonging to Trafford in the parking lot of a Walmart store in Saginaw Township.

Trafford reportedly last was seen about 9:30 a.m. on March 3 at the Dow Event Center, the home arena for the Spirit.

In a statement on the Ontario Hockey League team's website, the Spirit offered condolences to Trafford's family and his friends in Ontario and Michigan.

Saginaw Spirit president Craig Goslin had said Trafford was sent home prior to his disappearance "for a violation of rules," but said Trafford wasn't permanently cut from the team.

At one point in the search, police said they believed Trafford might have left the state to return to his hometown of Toronto.

THE CANADIAN PRESS

Terry Trafford OHL PHOTOS

Beating the butterflies against Bautista

Toronto right fielder Jose Bautista talks with members of Canada's national junior baseball team at Al Lang Field in St. Petersburg, Fla., on Tuesday. The Jays beat Canada 12-2. NEIL DAVIDSON/THE CANADIAN PRESS

Bases loaded in the first inning, none out and Toronto Blue Jays slugger Jose Bautista at the plate.

A recipe for disaster for most pitchers. Especially a teenage thrower.

But it turned into a day to remember for 17-year-old starter Ben Onyshko, who managed to hold Bautista and his $14-million US annual salary to a sacrifice fly. The Winnipeg native got out of the inning without further damage and yielded just two runs on four hits over his three innings for the Canadian junior baseball team.

"The experience of a lifetime," Onyshko said after leaving the game tied 2-2.

The young Canadians took it on the chin after that. A Toronto Blue Jays split squad rallied for three runs in the fifth inning, four in the seventh and three in the eighth en route to a 12-2 victory over the Canadian juniors Tuesday under the sunshine at Al Lang Field.

Onyshko, who has accepted a scholarship to Stetson University, said he tried to just focus on the task at hand in the first when Bautista came to the plate after two walks and a Moises Sierra single.

"It was surreal," said Onyshko."I was scared for a split second when he (Bautista) hit the ball. Once I was able to get that first out, I think things started to roll a bit better. I settled in."

Onyshko, who recorded one strikeout, had his parents and sister looking on in the stands.

Jays starter Brandon Morrow, not helped by a Colby Rasmus error, gave up two runs on four hits. He struck out two and walked three.

Morrow was followed by Sergio Santos, Steve Delabar and Aaron Sanchez.

THE CANADIAN PRESS

A day to remember

"I've got to admit my mind was racing a little bit." **Canadian pitcher Ben Onyshko** on facing Toronto slugger Jose Bautista

Canada's junior team

The team plays in the fall instructional league against young major-league talent before their spring series in Florida in March and April.

- **The opposition.** This year's opponents also include teams from the Atlanta Braves, Philadelphia Phillies, Pittsburgh Pirates and Washington Nationals.
- **Baseball worlds.** Canada's schedule is built around a qualifying tournament in Mexico in September for the 2015 world junior championships in Japan. Canada is bidding to become one of the four teams to emerge from the Americas.

Retail ready fuel-cell cars on the horizon

Clean process. Toyota's new concept creates electricity to power an electric motor using hydrogen and oxygen from the air

AUTO PILOT
Mike Goetz
drive@metronews.ca

Fuel-cell vehicles have always had an aura of science fiction about them, even though the science has been around since 1850 or so, when Sir William Grove first mused about generating electricity by exploiting how electrons hold water together.

Don't worry, this will not be a science lesson.

Science and I stopped being friends in grade nine, when I wondered how the mild acid in a glass beaker would fair in a Styrofoam cup, and the acid ate the Styrofoam cup, and the finish on the desk, and the finish on the floor, and caused Mr. Ramsey to be very ill-tempered with me.

I guess the vague science fiction feel comes from the notion of something could be a "fuel" — in this case hydrogen — yet only produce water as an "emission." It doesn't sound natural, in our lives so used to, and tied to, the combustion-ing of petrochemicals.

The only thing I want to say today about fuel cell vehicles is how close they are to actually being a fully retail product. Hyundai, Toyota, Honda, BMW and Mercedes-Benz have all officially announced intentions to have "retail ready" fuel-cell vehicles in showrooms within 18 to 24 months, depending on the market.

Two years goes by fast. It's already been three years since Charlie Sheen was last seen on Two and a Half Men.

The manufacturers are deep into testing the actual fuel-cell components we will see on these retail units. No more going back to the drawing board for another blue-sky concept. Toyota's fuel-cell test mule, for example, has been raking up miles in North America for over a year now, including a deep freeze stint in Yellowknife.

Off course, we still need a hydrogen re-fueling infrastructure, and that is not progressing along swimmingly. In fact, right now there is not one publicly accessible hydrogen station in all of Canada, and no immediate plans to build any amount.

But say we overlook that alarming impediment and say fuel-cell vehicles will be a major force in the next few decades — because now it's time to look beyond fuel-cells. Yes, fuel cells are barely here, or more correctly not even here yet — but don't we need to know what will be the next big vehicle propulsion thing, after fuel cells?

Yes we need to know, but details are sketchy.

There doesn't seem to be one imminent and/or dominate science or technology currently poised to add to the list of major ways vehicles have been driven. So far on the timeline there is steam, electricity, the internal combustion engine using various petrochemicals, more electricity, and fuel-cells using hydrogen.

Maybe quantum physics will figure in somehow. There is some discussion about a quantum propulsion machine. I'd explain it, but I'd have to understand it first, and that's not going to happen.

The ultra futuristic-looking hydrogen tank in place.

Under the skin of Toyota's latest concept vehicle, the FCV, are fuel-cell components destined for actual production vehicles.

BOTH IMAGES PROVIDED

DRIVE

The Saskatchewan Safety Council has numerous training programs available to both new and experienced riders. These programs deliver hands on experience with certified instructors on one of the country's best motorcycle training courses at the RCMP track in Regina, SK.

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Working Together To Achieve A Safe Saskatchewan

Buick Regal GS displays its true grip

Although we're here to test the competency of the Buick Regal AWD, it's also a pretty car with a hunkered down stance. That's an ice-fishing shack, if you didn't know.

Auto know. Winter ice testing has become the cool way to show just how hot modern AWD systems are

MALCOLM GUNN
wheelbasemedia.com

"We wanted to go someplace were we would be virtually guaranteed to experience winter conditions."
Right, then.

Katie Bjoerk of Buick explains why we're traveling the slippery back roads near Montreal, Quebec, alongside the frozen Ottawa River. The car is a 2014 Regal GS equipped with all-wheel-drive.

It's mid-February and it will be another six to eight weeks before the river ice is completely gone. By then a ferry will have replaced the ice "bridge" (in reality just a clean sheet of glassy ice that's maintained by the ferry owner during the winter). The cost of passage — $6.50 — is the same whether you cross on ice in the winter or over water in the summer.

It seems a bit extreme, but winter testing is a necessity. Really cold weather is tough on a drivetrains, brakes, electrical systems and related components. It's especially critical that they pass muster on any new model before it enters full production.

It's a growing trend to invite auto writers from all over North America to visit these frozen climes to closely examine (as in beat up on) all-wheel-drive systems. Product demonstrations involve subjecting vehicles to the kind of rigorous driving that most owners would never attempt on their own, simply because they can't go out of bounds in real-world driving.

In the past few weeks, no fewer than four automakers have organized such events in the Montreal region. In fact a couple of tracks that are used for motocross, drag racing and go-karting now cater to such manufacturer-sponsored gatherings.

Their specially groomed facilities provide a way to explore AWD capabilities in ways that would be impossible to do on public roads.

Bjoerk has arranged Buick's sub-zero field trip to demonstrate the capabilities of the Regal's new all-wheel-drive system that has been added to the option sheet for 2014.

The Regal proves to be a steady, stable performer on some typical (for the region) snow-packed roads. Its road holding is helped by the electronic intervention hardware, along with a set of super-grippy Michelin snow tires. Quebec's enlightened transportation authority has made snow tires mandatory during the winter months and for good reason. Mother Nature can be downright cruel and conditions dangerous at this time of year.

The weather is miserable at the ICAR track for the test trials. The temperature is somewhere around -25 C and strong northerly gusts make it feel much colder. In other words, it's Bjoerk's idea of perfection.

A half-dozen or so Regal GS AWD models are on hand and have been thoughtfully prewarmed. The test schedule includes a single and figure eight skid pad (more accurately, a slide pad), a slalom course, a short, but twisty road course with blind turns (thanks to high banks of plowed snow) and a timed loop to test the driver's mastery of winter conditions.

The GS is fully qualified for the proceedings. The car is a hefty 1,800 kilograms, yet it feels surprisingly light on its feet, thanks to its new turbocharged 2.0-litre four-cylinder engine that makes 259 horsepower and 295 pound feet of torque. The power is impressive, but at Le Circuit ICAR it's all about traction and finesse; here, both wheels will get a workout.

The AWD apportions 90 per cent of the available torque to the front wheels under normal driving conditions. But when loss of traction is detected it can reverse the front-to-back torque and vary it from left to right at the rear wheels, which helps to guide the car precisely through a corner.

The AWD is assisted by the Regal's limited-slip differential (LSD) and traction/stability controls to reduce skids and spins. When both systems are in play, the Regal can maneuver around the slide pad and track with aplomb.

Even so, they can't override the laws of physics and aggressive driving is frequently rewarded with a grille full of snow bank.

The contrast comes with both the LSD and the traction/stability controls turned off. At that point the Regal becomes nearly impossible to steer, stop, or even gain any forward momentum over ICAR's super-slick surfaces. Since you can't mess around on public roads to fully explore the limits, or lack thereof, the experience here is proof that modern electronics actually work. And that's the point.

Hot times in the snow

2014 Buick Regal GS AWD

- Four-door mid-size sport/luxury sedan
- 2.0-litre DOHC I4, turbocharged, 259 horsepower, 295 pound-feet of torque
- Six-speed automatic transmission
- 10.9/7.3 l/100 km (city/highway)
- Base price: $43,000

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Because the limits of adhesion are so low on ice and snow, there's a high level of danger at regular travelling speeds that's almost impossible to feel and read. Modern AWD can't save your bacon in every situation, but it sure helps. ALL IMAGES WHEELBASE

Horoscopes

♈ Aries
March 21 - April 20
The Sun in Pisces at this time of year can make you emotional and you will find it hard to hide your feelings today. Why would you want to? Honesty is essential in all situations.

♉ Taurus
April 21 - May 21
What comes to light in an unexpected manner today will most likely improve your bargaining position. It will also remind you that you have friends you can count on.

♊ Gemini
May 22 - June 21
Fight for your rights today, no matter how overwhelming the odds may be. Actually the odds are not nearly stacked against you to the extent you believe. Rivals are as scared of you as you are of them.

♋ Cancer
June 22 - July 23
The more others say you can trust them today, the more cautious you should be. In any negotiations you must get promises in writing at every stage. If you don't, they will likely turn out to be worthless.

♌ Leo
July 24 - Aug. 23
You know what to say and do to win friends and relatives to your way of thinking. Whether your way of thinking is correct is another matter entirely — but since when do Leos worry about things like that?

♍ Virgo
Aug. 24 - Sept. 23
A positive outlook in the face of adversity is essential. Because Virgo is a sign that gets caught up in details, you have a tendency to think it's the end of the world when little things go wrong.

♎ Libra
Sept. 24 - Oct. 23
A plan that has been in a state of limbo since the start of the year will begin to move forward again today. Don't try to do everything at once though. You'll catch up.

♏ Scorpio
Oct. 24 - Nov. 22
If you do anything to excess between now and the full moon on the 16th you will regret it, so tone down your act and don't try so hard to impress friends or co-workers.

♐ Sagittarius
Nov. 23 - Dec. 21
You have no doubts and no reason to believe you will not succeed at the tasks you have set yourself. Rivals may try to derail your plans over the next few days but they won't come close to succeeding.

♑ Capricorn
Dec. 22 - Jan. 20
Keep options open over the next 24 hours, especially in dealing with co-workers. Because their plans are likely to change you may have to change too. If you're flexible, you will be in the money.

♒ Aquarius
Jan. 21 - Feb. 19
Make an effort to stand above petty battled. It may look as if the world is going to hell in a handcart but that's only because you are taking too narrow a view of events.

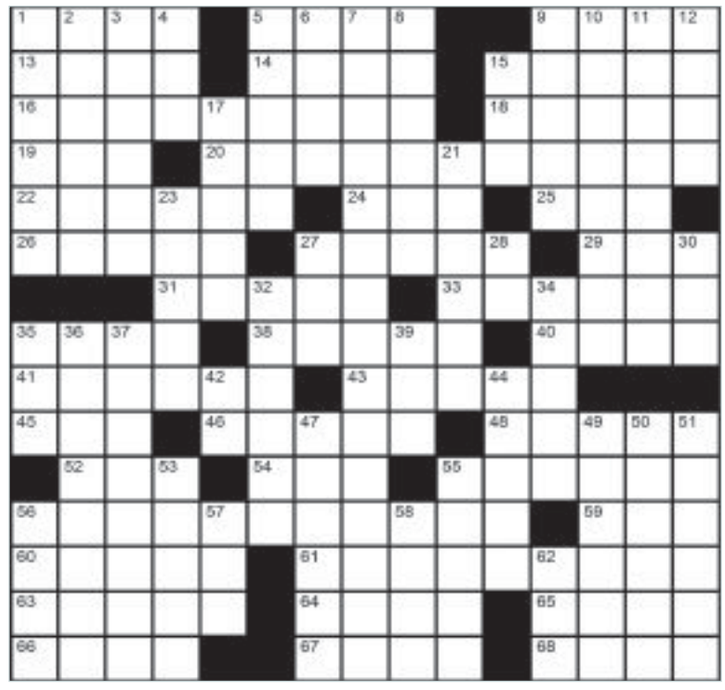
♓ Pisces
Feb. 20 - March 20
You need to raise your game. A week or so from now the Sun will move out of your birth sign, after which it may not be so easy to get things done. Don't aim just to be better, aim to be the best.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

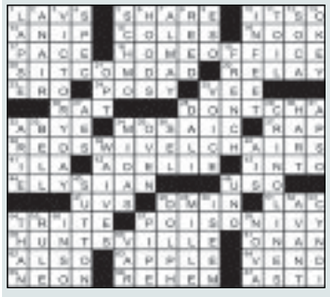
BY KELLY ANN BUCHANAN



Across
1. __ Sanctorum
5. Vents
9. Purina rival
13. Benefit
14. Lovestruck, olde-style
15. Offshoot
16. Self-esteem issue: 2 wds.
18. Uncle's wife [var. sp.]
19. 'Pay' suffix
20. Canadian actor Matt Frewer played the computerized title character on this late-'80s series: 2 wds.
22. Group of four
24. Cable channel
25. High sch. math
26. Wooded
27. Inexpensive
29. Dawn goddess
31. Musical pace
33. 007's Ms. Andress
35. La Boheme role
38. Sicily's volcano, belonging to it
40. Caesar's 2,550
41. Highlight
43. Finale
45. Dog breed
46. Humdinger
48. Q. "How do you say 'West' in French?" A. "It's either 'Ouest' __ '__', I think."
52. Ms. Vardalos
54. Bruins legend Bobby
55. 24 hr. banker cost: 2 wds.
56. "Sherlock" star Benedict __, on Showcase
59. Mon.'s French equivalent
60. Mr. Welles
61. Nicknamed health plan always mentioned on American news
63. "So _ __ a song of love, Julia." - The Beatles
64. Movie beekeeper
65. "Now!"
66. Require
67. Fam. members
68. 'Special' suffixes

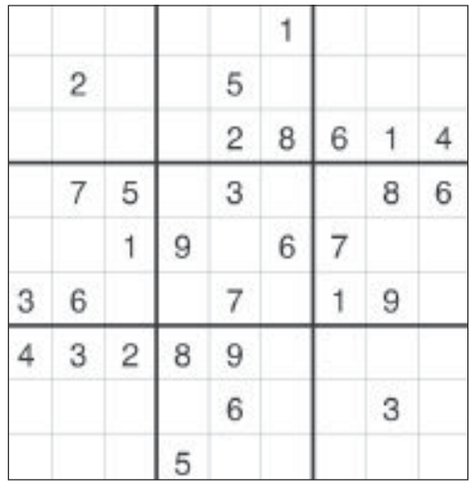
Down
1. John __, Prime Minister who is Christopher Plummer's great-grandfather
2. Beverage 'box'
3. Until now: 2 wds.
4. "__ questions?"
5. Equally irked: 2 wds.
6. Jumbo-sized movie presenter
7. The __ __ Stephen Harper
8. Sam __ (Famous officer of the North West Mounted Police)
9. Honda car
10. Flooring choice
11. Leprechaun's treasure, __ '__
12. 'Pseud' suffix
15. Unhappy
17. "Drats, _ __ a mistake."
21. "Rebel Without _ __" (1955)
23. Fix, as shoelaces
27. Mil. rank
28. Media company dept.
30. Mr. Mineo
32. Shooting star
34. Faux compliments-giving
35. Blueprint
36. Medical job on Global drama "Remedy": acr. + wd.
37. Danielle __, Senior Reporter on CTV's "etalk"
39. Li'l quantity
42. Fredericton's prov.
44. Saxe-Coburg-__ (British monarchy's pre-Windsor name)
47. Shady tree retreat
49. _ __ (Some music notes)
50. Pointillist painter, Georges __
51. Principles
53. Form _ __ (Grow close)
55. Pinnacles
56. Nickel
57. Manchester, __.
58. Weight unit in China
62. Show on Marg's TV resume

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

5	1	2	4	6	9	8	3	7
3	7	4	2	5	8	9	8	1
6	9	8	7	3	1	2	4	5
7	4	3	9	2	6	1	5	8
1	2	6	3	8	4	6	7	9
8	6	9	5	1	7	3	2	4
4	8	6	1	7	2	5	9	3
9	5	1	6	4	3	7	8	2
2	3	7	8	9	5	4	1	6

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